



**MAINS**

**includes your choice of protein**

**WRAP | 16**

shredded cabbage, tomato, herbs (gf not available)

**GRAIN BOWL | 18**

saffron rice with dried fruit, hummus, tabouleh

**PITA SALAD | 14 No Protein, 19 with Protein**

local heirloom tomatoes, cucumbers, local greens, pita croutons, feta, slow roasted tomato vin

**DIRTY FRIES | 9 No Protein, 14 With Protein**

pickled onion, herbs, and house yogurt sauce

**DIP PLATES WITH PITA AND VEGGIES | 12 EACH**

(most dips are vegan and can be made gluten-free )

**BEIRUTI HUMMUS**

hummus with a little extra kick

**BABA GANOUSH**

roasted eggplant and tahini dip

**MUHAMMARA**

roasted red pepper, walnuts, and pomegranate dip

**LABNEH**

strained yogurt with mint and preserved lemon

**COMBO DIP | 18**

hummus, baba ganoush, muhammara

**PROTEIN CHOICES**

(all proteins are gluten-free)

**FALAFELS**

rancho gordo chickpeas and black beans, green tahini sauce

**SMOKED JACKFRUIT SHAWARMA**

shiitake mushrooms, green tahini sauce

**CHICKEN SHAWARMA**

mary's chicken thighs, toum (whipped garlic sauce)

**BEEF SHAWARMA**

five dot ranch sirloin, house special sauce

**LAMB AND BEEF KOFTA**

ground local beef and lamb, sumac, mint, house special sauce

(falafels are fried in same fryer as gluten products)

**EXTRAS**

**ZA'ATAR FRIES | 7**

**URFA NUTS | 4**

**SPINACH FATAYER | 5**

**FALAFELS | 1.25 EACH**

**SAFFRON RICE WITH DRIED FRUIT| 5**

**QUINOA TABOULEH | 6**

**PICKLE PLATE | 6**

open thursday-sunday 11am-9pm - patio dining, take-away, catering to go

[www.spreadkitchensonoma.com](http://www.spreadkitchensonoma.com)

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